

Aiki Combat

3rd Brown Belt Requirements

- 1. Hubud /Moving block drill**
- 2. Jump Kicks**
- 3. Blitzing Technique 9**
- 4. Blitzing Technique 10**
- 5. Blitzing Technique 11**
- 6. Blitzing Technique 12**
- 7. War Eagle outside wrist**
- 8. Shark outside wrist**
- 9. Sting Ray outside wrist**
- 10. Shogun double wrist**
- 11. Storm double wrist**
- 12. Snake 2 on 1 wrist**
- 13. Windstorm 2 on 1 wrist**
- 14. Crossbow shoulder grab**
- 15. Shark shoulder grab**
- 16. Jab drill**